


January 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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HAPPY NEW YEAR



<p>3</p> <p>1-2 Breath & Movement</p>	<p>4</p> <p>9-10 Exercise With Sandy 10:30 Mah Jongg 11-2 Art with Ellen</p>	<p>5</p> <p>9-10 Drumming With Elaine 11-2 Crafts with Nan 12 Community Meal w/Vet Support 1-3 Bingo</p>	<p>6</p> <p>9-10 Exercise With Sandy 10:30 Bridge 1-2 Chair Yoga</p>	<p>7</p> <p>9-10 Personal Training 10:30 HAIRCUTS 10:15 Wii bowling 11-2 Crafts with Nan 12 Community Meal 1 Pitch</p>
<p>10</p> <p>1-2 Breath & Movement 10:30 DECLUTTERING WORKSHOP</p>	<p>11</p> <p>9-10 Exercise With Sandy 10:30 Mah Jongg 11-2 Art with Ellen</p>	<p>12</p> <p>9-10 Drumming With Elaine 11-2 Crafts with Nan 12 Community Meal 1-3 Bingo 1-4 Brown Bag</p>	<p>13</p> <p>9-10 Exercise With Sandy 10:30 Bridge 1-3 CARD WORKSHOP 1-2 Chair Yoga</p>	<p>14</p> <p>9-10 Personal Training 10:15 Wii bowling 9 FOOT NURSE 11-2 Crafts with Nan 12 Community Meal 1 Pitch</p>
<p>17</p> 	<p>18</p> <p>9-10 Exercise With Sandy 10 Mah Jongg 11-2 Art with Ellen 5 LEO @ BOGIES</p>	<p>19</p> <p>11-2 Crafts with Nan 12 Community Meal w/ Veteran Support 1-3 Bingo</p>	<p>20</p> <p>9-10 Exercise With Sandy 10:30 Bridge 12 PIZZA AND MOVIE: MAID IN MANHATTAN \$5 1-2 Chair Yoga</p>	<p>21</p> <p>10:15 Wii bowling 10:30-12 HAIRCUTS 11-2 Crafts with Nan 12 Community Meal 1 Pitch</p>
<p>24</p> <p>1-2 Breath & Movement 1-3 CABACHON PENDANT CLASS</p> <hr/> <p>31</p> <p>9 MEN'S BREAKFAST 1-2 Breath & Movement</p>	<p>25</p> <p>9-10 Exercise With Sandy 10:30 Mah Jongg 11-2 Art with Ellen</p>	<p>26</p> <p>11-2 Crafts with Nan 12 Community Meal 1-3 Bingo</p>	<p>27</p> <p>9-10 Exercise With Sandy 10:30 Bridge 1-2 Chair Yoga 1-3 CARD WORKSHOP</p>	<p>28</p> <p>10:15 Wii bowling 11-2 Crafts with Nan 12 Community Meal 1 Pitch</p>